

**1** Translate the Polish fragments of the sentences into English.

- 1 The scan shows that you have a (*złamaną*) \_\_\_\_\_ leg, I'm afraid.
- 2 I closed the car door on my (*palcu*) \_\_\_\_\_ and it really hurts.
- 3 He fell off the wall and damaged his (*ramię*) \_\_\_\_\_.
- 4 She has to go to the clinic for (*leczenie*) \_\_\_\_\_.
- 5 I have a terrible (*ból głowy*) \_\_\_\_\_, so I'm staying at home today.

Score \_\_\_\_ / 5

**2** Complete the text with one word in each gap.

I had to go to the doctor's yesterday because I had a terrible (1) \_\_\_\_\_ in my stomach. The doctor examined me and put her stethoscope on my (2) \_\_\_\_\_ to listen to my heart. She asked me to open my (3) \_\_\_\_\_ and she looked down my (4) \_\_\_\_\_. Then she gave me a prescription for some medicine and told me to go to the chemist's immediately. She also told me to take (5) \_\_\_\_\_ of myself and come back in two weeks time.

Score \_\_\_\_ / 5

**3** Write words to match the definitions.

- 1 The building where sick people get medical help. \_\_\_\_\_
- 2 Another word for medicine. \_\_\_\_\_
- 3 What you wear over your eyes to help you see better. \_\_\_\_\_
- 4 Another word for ill or sick. \_\_\_\_\_
- 5 You use this for listening to sounds. \_\_\_\_\_

Score \_\_\_\_ / 5

**4** Choose the correct option to complete each sentence.

- 1 My \_\_\_\_\_ is painful and I can't walk.  
a hand                      b arm                      c knee
- 2 You should try to \_\_\_\_\_ the amount of junk food you eat.  
a reduce                      b allow                      c turn

- 3 This is a very strange \_\_\_\_\_ of the disease.

a condition  
b illness  
c variety

- 4 Helen, how did you \_\_\_\_\_ your hand?

a pain  
b hurt  
c mind

- 5 Is temperature the only \_\_\_\_\_ you have?

a temper  
b symptom  
c treatment

Score \_\_\_\_ / 5

**5** Choose the correct option.

- 1 Is her *condition* / *stomach* very serious, doctor?
- 2 I got a leg *virus* / *injury* during the last match.
- 3 The illness is only in your *mind* / *neck*. You are healthy.
- 4 Health and *challenge* / *happiness* are the most important things in life.
- 5 The patient had a large *cut* / *hurt* on his knee.

Score \_\_\_\_ / 5

**6** Choose the correct option to complete each sentence.

- 1 It's important to look \_\_\_\_\_ yourself so that you don't get ill.  
a into                      b for                      c after
- 2 You shouldn't put things \_\_\_\_\_ until later. It's better to do them immediately.  
a off                      b back                      c away
- 3 Do you know how to deal \_\_\_\_\_ online bullying?  
a out                      b in                      c with
- 4 I live in Lublin now, but I grew \_\_\_\_\_ in Poznań.  
a back                      b up                      c into
- 5 Who does this backpack belong \_\_\_\_\_?  
a in                      b with                      c to

Score \_\_\_\_ / 5

- 7** Complete the second sentence so that it has the same meaning as the first. Use the word in capitals. Do not change the form of this word. You may use between two and five words in each gap.

**1** I only have a few cousins my age.

**MANY**

I \_\_\_\_\_ cousins my age.

**2** We can have a small amount of sugar in our diet, but not much.

**A**

We can only \_\_\_\_\_ sugar in our diet.

**3** There is only a little butter in the fridge.

**MUCH**

There \_\_\_\_\_ butter in the fridge.

**4** I was only seriously ill two or three times as a child.

**FEW**

I was only seriously \_\_\_\_\_ as a child.

**5** Oh, no! There's no aspirin left.

**ANY**

Oh, no! \_\_\_\_\_ aspirin left.

**Score \_\_\_\_ / 5**

- 8** Translate the Polish fragments of the sentences into English. Use phrasal verbs.

**1** Can you please (*wręczyć*) \_\_\_\_\_ your homework on time?

**2** I like to (*ćwiczyć*) \_\_\_\_\_ several times a week.

**3** The dentist had to (*usunąć*) \_\_\_\_\_ one of my teeth.

**4** Don't (*poddawaj się*) \_\_\_\_\_! Keep trying and I'm sure you'll succeed.


**5** Can you (*włączyć*) \_\_\_\_\_ the light? I can't read these instructions.

**Score \_\_\_\_ / 5**

- 9** Complete the text with maximum two words in each gap.

Are you often ill? (1) \_\_\_\_\_ times do you go to see the doctor every year? Some people go very often, even when they are not really sick. This is because they have (2) \_\_\_\_\_ of stress at work and can't relax. Sometimes, the doctor doesn't give them (3) \_\_\_\_\_ medicine, but just tells them to eat healthy food and do some exercise. What about you? How (4) \_\_\_\_\_ fruit do you eat every day? Five portions? What about sweet foods? I hope you only take a (5) \_\_\_\_\_ sugar in your tea.

**Score \_\_\_\_ / 5**

- 10**  Listen. Choose the correct option.

**1** Doctors don't usually ask patients about ...

- a** their family.
- b** what they eat.
- c** where they live.

**2** Patients sometimes feel better after only ...

- a** taking some pills.
- b** talking to the doctor.
- c** telling their family.

**3** Doctors sometimes have to ...

- a** visit older people.
- b** bring people to the clinic.
- c** work at home.

**4** A child's height and weight tell the doctor ...

- a** what the child eats.
- b** that they are healthy.
- c** about how they are growing.

**5** The doctor is there to ...

- a** give advice.
- b** always give prescriptions.
- c** tell you about their health.

**Score \_\_\_\_ / 5**

## EXTRA TASK

- 11** Write a short blog post about how to stay healthy.

Include the following information:

- what diet to follow,
- what exercise to do and how much,
- how to deal with stress,
- give some advice on how to relax.

Write between 80 and 130 words.

**Score \_\_\_\_ / 10**