

**1** Translate the Polish fragments of the sentences into English.

- 1 He fell off the wall and damaged his (*ramię*) \_\_\_\_\_.
- 2 I have a terrible (*ból głowy*) \_\_\_\_\_, so I'm staying at home today.
- 3 She has to go to the clinic for (*leczenie*) \_\_\_\_\_.
- 4 The scan shows that you have a (*złamana*) \_\_\_\_\_ leg, I'm afraid.
- 5 I closed the car door on my (*palcu*) \_\_\_\_\_ and it really hurts.

Score \_\_\_\_ / 5

**2** Complete the text with one word in each gap.

I had to go to the doctor's yesterday because I had a terrible (1) \_\_\_\_\_ in my stomach. The doctor examined me and put her stethoscope on my (2) \_\_\_\_\_ to listen to my heart. She asked me to open my (3) \_\_\_\_\_ and she looked down my (4) \_\_\_\_\_. Then she gave me a prescription for some medicine and told me to go to the chemist's immediately. She also told me to take (5) \_\_\_\_\_ of myself and come back in two weeks time.

Score \_\_\_\_ / 5

**3** Write words to match the definitions.

- 1 Another word for ill or sick. \_\_\_\_\_
- 2 What you wear over your eyes to help you see better. \_\_\_\_\_
- 3 The building where sick people get medical help. \_\_\_\_\_
- 4 Another word for medicine. \_\_\_\_\_
- 5 You use this for listening to sounds. \_\_\_\_\_

Score \_\_\_\_ / 5

**4** Choose the correct option to complete each sentence.

- 1 This is a very strange \_\_\_\_ of the disease.  
a illness      b condition      c variety
- 2 You should try to \_\_\_\_ the amount of junk food you eat.  
a turn      b allow      c reduce

**3** Is temperature the only \_\_\_\_ you have?

- a temper  
b treatment  
c symptom

**4** Helen, how did you \_\_\_\_ your hand?

- a mind  
b pain  
c hurt

**5** My \_\_\_\_ is painful and I can't walk.

- a knee  
b arm  
c hand

Score \_\_\_\_ / 5

**5** Choose the correct option.

- 1 The illness is only in your *mind* / *neck*. You are healthy.
- 2 Is her *condition* / *stomach* very serious, doctor?
- 3 Health and *challenge* / *happiness* are the most important things in life.
- 4 I got a leg *virus* / *injury* during the last match.
- 5 The patient had a large *cut* / *hurt* on his knee.

Score \_\_\_\_ / 5

**6** Choose the correct option to complete each sentence.

- 1 It's important to look \_\_\_\_ yourself so that you don't get ill.  
a into      b after      c for
- 2 Do you know how to deal \_\_\_\_ online bullying?  
a with      b in      c out
- 3 Who does this backpack belong \_\_\_\_?  
a with      b in      c to
- 4 You shouldn't put things \_\_\_\_ until later. It's better to do them immediately.  
a away      b off      c back
- 5 I live in Lublin now, but I grew \_\_\_\_ in Poznań.  
a up      b into      c back

Score \_\_\_\_ / 5

- 7** Complete the second sentence so that it has the same meaning as the first. Use the word in capitals. Do not change the form of this word. You may use between two and five words in each gap.

**1** Oh, no! There's no aspirin left.

ANY

Oh, no! \_\_\_\_\_ aspirin left.

**2** I only have a few cousins my age.

MANY

I \_\_\_\_\_ cousins my age.

**3** There is only a little butter in the fridge.

MUCH

There \_\_\_\_\_ butter in the fridge.

**4** We can have a small amount of sugar in our diet, but not much

A

We can only \_\_\_\_\_ sugar in our diet.

**5** I was only seriously ill two or three times as a child.

FEW

I was only seriously \_\_\_\_\_ as a child.

Score \_\_\_\_ / 5

- 8** Translate the Polish fragments of the sentences into English. Use phrasal verbs.

**1** The dentist had to (*usunąć*) \_\_\_\_\_ one of my teeth.

**2** Can you (*włączyć*) \_\_\_\_\_ the light? I can't read these instructions.

**3** Don't (*poddawaj się*) \_\_\_\_\_! Keep trying and I'm sure you'll succeed.

**4** I like to (*ćwiczyć*) \_\_\_\_\_ several times a week.


**5** Can you please (*wręczyć*) \_\_\_\_\_ your homework on time?

Score \_\_\_\_ / 5

- 9** Complete the text with maximum two words in each gap.

Are you often ill? (1) \_\_\_\_\_ times do you go to see the doctor every year? Some people go very often, even when they are not really sick. This is because they have (2) \_\_\_\_\_ of stress at work and can't relax. Sometimes, the doctor doesn't give them (3) \_\_\_\_\_ medicine, but just tells them to eat healthy food and do some exercise. What about you? How (4) \_\_\_\_\_ fruit do you eat every day? Five portions? What about sweet foods? I hope you only take a (5) \_\_\_\_\_ sugar in your tea.

Score \_\_\_\_ / 5

- 10**  Listen. Choose the correct option.

**1** Doctors don't usually ask patients about ...

**a** where they live.

**b** their family

**c** what they eat.

**2** Patients sometimes feel better after only ...

**a** taking some pills.

**b** telling their family.

**c** talking to the doctor.

**3** Doctors sometimes have to ...

**a** work at home.

**b** bring people to the clinic.

**c** visit older people.

**4** A child's height and weight tell the doctor ...

**a** that they are healthy.

**b** what the child eats.

**c** about how they are growing.

**5** The doctor is there to ...

**a** always give prescriptions.

**b** tell you about their health.

**c** give advice.

Score \_\_\_\_ / 5

## EXTRA TASK

- 11** Write a short blog post about how to stay healthy.

Include the following information:

- what diet to follow,
- what exercise to do and how much,
- how to deal with stress,
- give some advice on how to relax.

Write between 80 and 130 words.

Score \_\_\_\_ / 10